



Alston

Blat Description

This Blat takes you to Alston high up in the North Pennines. This old market town claims to be the highest market settlement in England, being about 1000 feet above sea level. The area has been designated an Area of Outstanding Natural Beauty so get your camera ready the roads aren't half bad either!

'Useful Stuff'

The Village Bakery Restaurant: Melmerby, Penrith, Cumbria, CA10 1HE Tel: 01768 881811

The Fat Lamb: Ravenstonedale, Kirkby Stephen, CA17 Tel: 01539 623 242

Start Point

Tickled Trout Hotel

Just off Junction 31 of the M6

Preston New Rd, Samlesbury, Preston, PR5 0UJ Tel: 01772 877671

Route

Starting at The Tickled Trout J31 M6.

Head North on **M6**, you may wish to make a stop at Tebay Services (not a bad place for a service station) for toilets/coffee it's just after **Junction 38**

Exit **M6** at **Junction 40** (Penrith) and follow **A69** (Brampton).

At roundabout, **take 2nd** exit follow **A686** (Carleton/Alston).

If you want a lunch stop there's one at the **The Village Bakery Restaurant, Melmerby**.

Continue **A686** to Hartside Summit (Cafe and viewpoint), then to Alston.

In Alston, **TR** just after Blue Bell Inn, continue slowly over cobbles, then take **B6277** and follow for Barnard Castle.

At Middleton in Teesdale, **TR** on **B6276** for Brough.

At Brough, **TL** following **A685** (Kendal) to Kirkby Stephen.

Go through Kirkby Stephen, then **TL A683** signposted Sedbergh/Fat Lamb Nature Reserve.

If you fancy a break, the Fat Lamb is a regular stop for the LADS.

Continue on **A683** to Sedbergh, then **A683** to Kirkby Lonsdale.

Options:

TR at Devils Bridge to pick up M6 and home or

TL and home via Clapham/Slaidburn and Clitheroe.