



## Dales and Trough Run

### Blat Description

A nice day trip taking in the Dales and the Trough of Bowland with optional stops for lunch at the Fountaine Inn and an afternoon coffee at The Inn at Whitewell.

### 'Useful Stuff'

**Fountaine Inn:** The Green, Linton, Skipton, BD235HJ Tel: 01756 752210

**The Inn at Whitewell:** Dunsop Rd, Whitewell, Clitheroe, BB7 3AT

Tel: 01200 448222

### Start Point

Little Chef - Rising Bridge (Accrington) A680 Rising Bridge Services Blackburn Road Accrington Lancashire BB5 2SB

## Route

**TL** on leaving Car Park. At roundabout **FL** following A56 (Blackburn/Burnley), down to roundabout, **SO** A6068 (Clitheroe), through 2 sets of traffic lights, (**Caution - 2 speed cameras**) following A6068 to end.

At roundabout take **2<sup>nd</sup> exit**, following M6S (Colne) to end.

**1<sup>st</sup> exit** at roundabout, following A6068 (Keighley)

Continue **SO** at roundabout, **SO** through series of traffic lights following A6068 and at roundabout and past Morris Dancer pub on **LHS** .

At next roundabout take exit signposted Lothersdale.

This road is marked Lidgett leading to Skipton Old Road. Follow road to end (Skipton).

At traffic lights **TL** signed Town Centre. At mini roundabout, **FL** following Harrogate/Kendal, through Skipton main street. At next roundabout, **FL** signed Grassington. Continue to next roundabout and take **3<sup>rd</sup> exit**, B626S (Grassington).

Continue through Cracoe, past quarry on **LHS** and then **TR** signed Linton and Fountaine Inn.

On entering Linton, **Fountaine Inn** is set back on your **RHS** opposite green and ford. This is a good Lunch and picnic stop.

On leaving **Fountaine Inn** **TR** up to **X** roads. **TL** signed B6160. At **T** junction **TL** and at next **T** junction **TR** along B6160 following signs for Kettlewell.

Past Kilnsey Crag on **LHS**, then **TL** signed Arncliffe, immediately after bunk house on the **RHS**.

On entering Arncliffe, immediately **TL** following signs for Malham. Enjoy views, hopefully, and continue following signs for Settle.

At **T** junction, **TL** B6479 (Settle).

At next **T** junction, **TL** A6S (Skipton) into and through Settle. (**Shell garage in Settle**).

At roundabout, **TR** following signs for A65 (Kendal).

**TL** signs for Rathmell and Wigglesworth.

At **T** junction, **TR** B6478 (Slaidburn/Clitheroe), following Slaidburn.

In Slaidburn, past war memorial on RHS and follow road **sharp L** signed B6478 (Clitheroe/Lancaster)

Straight on through Newton, following signs for Dunsop Bridge and then Whitewell.

If you are in need of a break you could stop **The Inn at Whitewell** for Coffee/refreshments.

On leaving The Inn at Whitewell, go across and take the steep road up the hill opposite.

At **T** junction **TL**. Continue through Bashall Eaves and **TR** signposted Mitton/Whalley. Straight across **X** roads.

At **T** junction, **TR** signposted Whalley B6243, then **TL** Whalley B6246.

Over one mini roundabout, at next Inini roundabout, **TR** into Whalley, to next mini roundabout, **TL** up to traffic lights and select your option home.