



Forest of Bowland - Bentham - Trough of Bowland

Blat Description

A 90 mile day trip, taking in some great scenery and passing by the famous Stonyhurst College. With optional stops for Lunch and refreshments.

Start Point

Little Chef - Rising Bridge (Accrington) A680 Rising Bridge Services Blackburn Road Accrington Lancashire BB5 2SB. Optional 2nd meeting or start point at the De Tabley Arms, Ribchester.

'Useful Stuff'

On going to posting the De Tabley Arms was noted as being closed so please check!

De Tabley Arms: Blackburn Road Ribchester Preston Lancashire PR3 3ZQ

Punch Bowl Hotel: Lower Bentham, Lancaster, Lancashire LA2 7DD

Tel: 015242 61344

Route

Start Rising Bridge (Little Chef Car Park).

On leaving car park, **TL** to roundabout and take **first exit**, following signs for Blackburn/Burnley A56.

Straight on at next roundabout.

Straight on at traffic lights (Clitheroe A6068)

TL at next set of traffic lights following signs for Clitheroe A671/A59

At next traffic lights follow A59 for Clitheroe.

Straight on through traffic lights. **First exit** at roundabout A59 (Preston)

Third exit at roundabout A59 (Preston) **Two speed cameras at Copster Green (40 mph).**

At **traffic lights**, **TR** B6245 (Ribchester)

Optional 2nd meeting/start point at De Tabley Arms on **RHS** before the bridge at Ribchester

Cross the bridge into Dutton and **TR** into Gallows Lane, signposted Hurst Green - 3 miles.

TR at T junction, signposted Hurst Green - 1.5 miles.

TL at the war memorial (opp. Shireburn Arms Hotel) into Avenue Rd.

Go through the gates down the Avenue to Stonyhurst College, following road round to the left by the entrance to the gates to the college.

TR at T junction.

TL at junction following signs for Whalley/Clitheroe B6243.

TL after Edisford Bridge Hotel (before the bridge) signposted Waddington/Slaidburn.

TR at T junction signposted Waddington, follow for Newton/Slaidburn.

TL at Waddington Arms, still following Newton/Slaidburn to take you over Waddington Fell.

Go past Parkers Arms (Newton- B6478) and **TR** at junction signposted Slaidburn 1.5 miles.

Go through Slaidburn, past the Hark to Bounty pub, past war memorial on your left, following signs for Settle (B6478).

Car Park and toilet stop available here if required.

Proceed over bridge following signs Tosside/Long Preston (B6478).

TL at **X roads**, signposted Clapham - 11 miles.

Road takes you through Gisburn Forest, drive with care not one way!

TL at **X roads**, signposted Bentham 3.75 miles.

TR signposted Bentham 1.25 miles.

TR at **T junction** to Bentham.

TL at **T junction** through town to Low Bentham (B64 70)

Under railway bridge, **TL** before the next bridge.

Optional Lunch stop at the Punch Bowl Hotel-lunch

On leaving Punch Bowl Car Park, **TL** over bridge, go through Wray following signs for Caton.

At **T junction** signposted Caton 3.5 miles, follow A683 Caton.

TL signposted Trough of Bowland (after The Ship Inn).

TL into Postern Gate Road, still following signs for Trough of Bowland.

TL at **X roads** signposted Clitheroe/Trough of Bowland.

Carry on following signs Whitewell/Clitheroe.

At **T junction TR**, still following signs, Whitewell/Clitheroe.

Past The Inn at Whitewell, follow signs for Chipping/Longridge.

At **T junction TR** for Chipping, take **first left**

At **T junction TL**, signposted Whalley/Clitheroe.

Take **first right**, (Jeffrey Hill) and follow for Ribchester.

At **X roads**, follow Ribchester/Blackburn.

At **X roads**, **straight across**, Ribchester 1.75 miles.

At **T junction TL**, go through Dutton, over the bridge.

Optional stop De Tabley Arms for Coffee/Afternoon Teas.

TL on leaving pub car park and this road will take you back to the A59 traffic lights and home. **Yorkshire (LEFT), Preston/M6 (RIGHT).**